

Appendix A

Attitudes Toward Osteopathic Medicine Scale (ATOMS)

Instructions: Please indicate the extent of your agreement or disagreement with each of the following statements by checking the appropriate circle, using the following 7-point scale (a higher number indicates more agreement).

1-----2-----3-----4-----5-----6-----7

Strongly Disagree

Strongly Agree

<i>Statement</i>	① ② ③ ④ ⑤ ⑥ ⑦
1. The osteopathic philosophy of holistic care greatly influenced my decision to attend an osteopathic school.	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
2. Patients whose physicians are knowledgeable of multiple medical systems and complementary and alternative practices, in addition to conventional medicine, do better than patients whose physicians are only familiar with conventional medicine.	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
3. Therapeutic touch has been discredited as a healing modality.	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
4. Physicians with a balanced lifestyle (i.e., attending to their own health, social, family and spiritual needs, as well as interests beyond medicine) generate improved patient outcome.	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
5. Osteopathic Manipulation often makes patients “feel” better temporarily but does not lead to objective improvement in long-term outcomes for patients.	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
6. A strong relationship between patient and physician is an extremely valuable therapeutic intervention that leads to improved outcomes.	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
7. Instilling hope in patients is a physician’s duty.	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
8. Osteopathic manipulative therapy is a valuable method for resolving a wide variety of musculoskeletal problems (beyond back pain).	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
9. Information about the relative effectiveness of treatments that is obtained by research methods other than randomized controlled trials has little value to physicians.	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
10. Physicians who strive to understand themselves provide better care than those who do not.	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
11. Psychosocial factors are as important as biomedical factors in health and illness.	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
12. Medical problems need specific medical and surgical interventions; thus, holistic approaches to medical problems cannot be as beneficial as targeted biomedical treatment.	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
13. Touch and tactile approaches may not serve a significant purpose in patient care.	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>

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Interested researchers are permitted to use the ATOMS in their not-for-profit research, as long as the instructions to complete the test, text, and order of appearance of items, and the 7-point response scale remain intact. In addition, recommended scoring algorithm must be used, and appropriate credit must be given to the original source. Address all inquiries about the ATOMS and its scoring algorithm to Mohammadreza Hojat, Ph.D. (mohammadreza.hojat@jefferson.edu)